

# NORALTA NOVEMBER 2017 TEST DAY

## Partner practice 830-1145

|       |           |
|-------|-----------|
| Tania | 830-915   |
| Flood | 915-930   |
| Ben   | 930-1030  |
| Flood | 1030-1045 |
| Lynn  | 1045-1145 |

## Lunch/Flood 1145-1215

## Dance

|            |         |        |           |
|------------|---------|--------|-----------|
| Sr. Bronze | warm up | 5 min  | 1215-1220 |
|            | test    | 30 min | 1220-1250 |

|         |                                                                       |                |
|---------|-----------------------------------------------------------------------|----------------|
| Ten Fox | Chloe Sinnicks<br>Natalie Rybak<br>Hailey Snook<br>Daliko Kutateladze | cond for Keats |
|---------|-----------------------------------------------------------------------|----------------|

|              |                                                                 |
|--------------|-----------------------------------------------------------------|
| Fourteenstep | Abby Pollock<br>Chloe Sinnicks<br>Natalie Rybak<br>Hailey Snook |
|--------------|-----------------------------------------------------------------|

|            |         |        |           |
|------------|---------|--------|-----------|
| Sr. Bronze | warm up | 5 min  | 1250-1255 |
|            | test    | 15 min | 1255-110  |

|          |                                                                    |                                  |
|----------|--------------------------------------------------------------------|----------------------------------|
| European | Abby Pollock<br>Anna Zang<br>Sabrina Segovia<br>Daliko Kutateladze | cond for Keats<br>cond for Keats |
|----------|--------------------------------------------------------------------|----------------------------------|

|            |         |        |         |
|------------|---------|--------|---------|
| Jr. Silver | warm up | 5 min  | 110-115 |
|            | test    | 25 min | 115-140 |

|                |                               |
|----------------|-------------------------------|
| Keat's Foxtrot | Anna Zang**<br>Tianna Parsons |
|----------------|-------------------------------|

Stacey Idland  
 Daliko Kutateladze\*\*  
 Rosalie Byrer

Rocker Foxtrot      **Tianna Parsons**  
 Jessica McDonald      cond for sr. Silver  
 Shayla Parsons

|            |         |        |         |
|------------|---------|--------|---------|
| Sr. Silver | warm up | 5 min  | 140-145 |
|            | test    | 15 min | 145-2   |

Paso Doble      Alanna Hickey      cond for gold

Starlight Waltz      Jessica McDonald\*\*

Kilian      Maria Marin  
 Faith Crummy  
 Jessica McDonald\*\*

|      |         |        |         |
|------|---------|--------|---------|
| Gold | warm up | 5 min  | 2-205   |
|      | test    | 10 min | 205-215 |

Vienese Waltz      Alanna Hickey\*\*

Quickstep      Alanna Hickey\*\*

|       |        |         |
|-------|--------|---------|
| Flood | 15 min | 215-130 |
|-------|--------|---------|

# Interpretive/Freeskate part 2

|         |        |         |
|---------|--------|---------|
| warm up | 6 min  | 230-235 |
|         | 20 min | 235-255 |

Jr silver FS part 2      Jessica McDonald

intro      Abby Pollock

bronze      Stacey Idland

silver      Alanna Hickey

# Freeskate part 1

|            |         |        |       |
|------------|---------|--------|-------|
| Sr. Silver | warm up | 6 min  | 255-3 |
|            | test    | 20 min | 3-320 |

Sr. Silver elements     [Jessica McDonald](#)

## Skills

|            |         |        |         |
|------------|---------|--------|---------|
| Sr. Bronze | warm up | 5 min  | 320-325 |
|            | test    | 40 min | 325-405 |

[Abby Pollock](#)  
[Anna Zang](#)  
[Sabrina Segovia](#)  
[Hailey Snook](#)  
[Stacey Idland](#)  
[Rosalie Byrer](#)

|                       |         |        |         |
|-----------------------|---------|--------|---------|
| Jr. Silver/Sr. Silver | warm up | 5 min  | 405-410 |
|                       | test    | 30 min | 410-440 |

Jr. Silver     [Shayla Parsons](#)

sr. Sliver     [Maria Marin](#)  
[Jessica McDonald](#)  
[Faith Crummy](#)

**End of test day** **4:40 PM**