Parents Code of Conduct

Codes of Conduct give everyone a guide to what is expected of us if we are part of an organization, participating in a sport, or as spectators at our child's events.

Preamble: The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles: respect, responsibility, fairness, caring, trustworthiness and good citizenship. The highest potential of sports is achieved when competition reflects these "six pillars of character"

By signing below I hereby agree that:

- 1. I will encourage good sportsmanship by demonstrating positive support for all skaters, coaches and officials at every practice session, competition and test session.
- 2. I will place the emotional and physical well-being of my child ahead of my personal desire to win.
- 3. I will encourage my child to skate in a safe and healthy environment.
- 4. I will inform my child's coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
- 5. I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the results of a competitive event.
- 6. I will recognize that my child is in an individual sport, and skaters will improve at different rates and times. I will not compare my skater's progress to another skater. I will focus on helping my child improve skills necessary to succeed.
- 7. I will never ridicule or yell at my child or other participant for making a mistake or blame my child's teammates, competitors, or coaches for placement in a competition.
- 8. I will do my best to make skating fun and will remember that my child participates in sports for his/her own enjoyment and satisfaction not mine.
- 9. I will recognize that excellence in skating can come in many forms while respecting the fact that not everyone will achieve excellence during their skating career. I understand my child's commitment to self-improvement will define his/her success within Noralta.
- 10. I will ask my child to treat other skaters, coaches, fans, and officials with respect, regardless of race, creed, color, sexual orientation or ability.
- 11. I will applaud a good effort in both victory and defeat emphasizing the positive accomplishments and learning from the mistakes.
- 12. I will teach my child to resolve conflicts without resorting to hostility or violence.
- 13. I will be a positive role model for my child and other skaters.
- 14. I will demand a figure skating environment for my child that is free of abuse of any type. If I see or suspect such treatment of a skater within the club I will report the incident to club officials.
- 15. I will ensure my skater is properly dressed for skating sessions with appropriate skating attire and hair. I recognize that if my skater shows up in street clothes or inappropriate skating attire they may not be allowed to skate.

- 16. I will pay my child's lesson bill within ten days of receipt of the bill and recognize that failure to pay lesson bills may result on removal from club programs.
- 17. I will endeavor to get my child to the arena on time for sessions.
- 18. I will not provide alcohol to, or condone the use of alcohol by minors, abuse alcohol in the presence of athlete members, or at Noralta Skating Club or Skate Canada activities.
- 19. I will encourage my child's coach to continue their education and training.
- 20. I will respect my child's coach and refrain from coaching my child or other skaters during competitions and practices because it may conflict with the coach's plan or strategies.
- 21. I will speak to all coaches and members in the club with respect. I recognize that abusive or rude and disparaging comments to club officials and coaches will not be tolerated, and my membership to the club can be revoked under such circumstances.
- 22. I will not interrupt lesson time or skating sessions with questions or comments. If I have questions or comments, I can email or text my coach or any of the coaching staff directly to ask. I recognize that interrupting ice time is not appropriate unless there is an emergency.
- 23. I will refrain from asking questions of staff during flood breaks while they are in the office. This time is almost always a short break for the coach to grab some food or a drink and focus on the coming session. I will make arrangements for a separate meeting to answer questions if need be.
- 24. I will respect the decisions of officials and their authority during competitions and test sessions and teach my child to do likewise.
- 25. I will show appreciation and recognize the importance of volunteers and club officials. I recognize Noralta is, to a degree, a volunteer run club. I realize parents are expected and encouraged to volunteer when the club needs help. I acknowledge there are mandatory fundraising commitments and realize when Noralta is looking for volunteers, these events are key to the clubs successful operation.
- 26. I will recognize that sessions require concentration from skaters and coaches, and will endeavor to keep families and spectators quiet while skaters are trending. I further recognize if anyone sitting with me becomes a distraction I may be asked to leave the arena and watch from the lobby.
- 27. I will support all the opponents in my child's competition and respect the rights of all skaters to participate.
- 28. I will endeavor to remind myself and others that skating questions should not be answered by parents, but should be addressed by a coach whenever possible.
- 29. I understand that Noralta is a community of parents, skaters, and coaches. I recognize that I am part of this community, and will respect and encourage participation in club events with a positive, inclusive, and patient attitude regardless if it is a competition, club fundraising volunteer event, club performance event, or club practice session. I will ask questions where necessary to educate myself on what being a member of the club involves.

Signature_	 	
Date	 	