



# SIMULATION DAY

Edmonton Open Participants STAR 4 and up

**SATURDAY NOVEMBER 17<sup>TH</sup>**

10AM-11AM STAR 4 & STAR 5

11:15AM-12:15PM STAR 6 THRU STAR 10

MAC 1 at MacIsland (\$10 Drop In Fee applies)

Simulation sessions are to *simulate* the skater's performance at an upcoming Competition. This includes:

- Competition Dress
- Hair & Make Up
- Timed Warm Ups (4 mins for STAR 4 etc)
- Draw for Order of Skate

Note: STAR 1, 2 and 3 Edmonton Open participants will Simulate on their normal freeskate sessions prior to the competition weekend.