



STARSkate Championships **Simulation Day**

FRIDAY MARCH 15TH

FRANK LACROIX ARENA

- ◇ 11:15am-12:15pm STAR 4 , STAR 7 & STAR 9
- ◇ 12:30pm-1:30pm STAR 6 , STAR 10 , Triathlon (Freeskate) & Interpretive

Timed Warm Ups—Competition Attire Required—\$15 Drop In Per Skater



Questions? Ask Tania