

“Good to Know” Information

MacDonald Island Park

Arena’s

General:

The health and safety of guests and staff is our top priority. While things may look a little different upon the present reopening, we look forward to showing you the measures and tools we have put in place as it is everyone’s responsibility to help prevent the potential spread of COVID-19. The following protocols while using our facilities, will support all our efforts to maintain health and safety.

- Guests who are exhibiting symptoms of COVID-19, who have been in close contact with a case of COVID-19 in the past 14 days, or have travelled internationally in the past 14 days must stay home and isolate.
- We have implemented a number of measures to assist our guests including directional arrows, signage, and physical distancing floor markers.
- Wash and sanitize your hands before and after using any amenity.
- Follow physical distancing – stay 3 metres apart at all times, including your time in the parking lot.
- Protective barriers have been installed at designated locations.
- Please bring your own water bottle. Bottle filling stations will remain available for guests to refill as required.
- At this time, all guests may enter and exit through the Suncor Community Leisure Centre main entrance. We ask that all guests check in with the guest services desk upon entering the complex. Please ensure that you continue to be mindful of the directional signage and the distancing measures that we have in place within the facilities.
- Users will be expected to go directly to their arena location after checking in with Guest Services
- We have procured a hospital grade disinfectant that will be used to clean frequent, high touch surfaces throughout our arena areas.
- Additional hand sanitizer stations will be made available and strategically placed throughout the facility.

Children’s Sports & Team Activities

All participants must be 18 years old or younger, except coaches or trainers. Lessons, practices and conditioning activities are allowed for indoor and outdoor, team-based, minor sports/activities and school athletics.

- Games are not allowed.
- Maximum of 10 total individuals, including all coaches, trainers, and participants.
- Physical distancing must be maintained between participants at all times:
 - 3-metres physical distance for indoor activities
 - 2-metres physical distance for outdoor activities
 - coaches or trainers may enter physical distancing space for brief interactions with participants (for example, to correct form or technique)
- Participants must be masked at all times, except during the training activity. Coaches and trainers must remain masked at all times.

- Access to change rooms must be limited, including accelerated arrival and departure, emergencies (for example, first aid) and washroom use.

One on One Training- Adults/Families

- Currently, one-on-one or one-on-one household training sessions have to be scheduled and no drop ins will be allowed or accepted at this time.
- At this time individual bookings without a certified trainer will not be accepted
- At this time, no games, competitions, league play, or group exercises of any kind is permitted within the facility.
- All Sessions must be done on a one-on-one basis or one-on-one household.
- Trainers must remain masked during the sessions; the clients are not required to wear a mask while they are participating in high intensity training. However, at all other times, masks will be required by the clients and the trainers.
- One on one sessions cannot interact with others and must maintain a minimum of 3 metres of distance at all times between sessions in the same venue facility.
- Wherever possible:
 - 2 metres physical distance between trainers and clients for low intensity training
 - 3 metres physical distance between trainers and clients for high intensity training
- More than one trainer and client or client “pair” are permitted onto the arena ice surface during a booking - as long as these restrictions are being followed:
 - Each trainer and client or client “pair” stays 3 metres away from all other trainers and client or client “pair” at all times, this includes the entryways and exits.
 - Each trainer can only interact with their assigned client or client “pair”, and each client or client “pair” can only interact with their assigned trainer.
 - No interaction between clients or between trainers is allowed.
 - No “cycling through” multiple trainers will be permitted, such as circuit training.
 - Clients that live within the same residential address may participate together, such as two siblings from the same house may be trained by one trainer during the same session. This would create a client “pair”.

Arena’s

- Arena rentals will be required to have a 30-minute flood block at the end of the booking. This will give the extra time needed to thoroughly clean and disinfect the area to ensure the arena is clean and ready for the next group to utilize.
- We strongly encourage no sharing of equipment touched by hands (IE: sporting gloves).
- At this time, activities are restricted to local community opportunities and should not include participants from outside of Wood Buffalo.
- All sanctioned arena rentals must also abide by the rules and regulations of their provincial sport governing bodies.
- Our team has adopted a “constantly clean” attitude, ensuring that special attention is given to high-touch surfaces.

Dressing Rooms:

Skaters will only be able to access the facility/dressing rooms a maximum of **15 minutes** before the start of the rental time. (All reserved ice slots are subject to delay if the RRC staff do require additional time to ensure the appropriate sanitization is completed between usage)

- At this time, each arena rental will be assigned the use of 2 dressing room only by the RRC arena staff and this assignment will be listed on the allocation boards in the arena dressing room hallway.
- The use of the dressing room showers will not be permitted at this time for the health and safety of our players/skaters.
- All dressing rooms must be vacated **15 minutes** after the rental has been completed.
- Only 1 parent/guardian is allowed to accompany the players/skaters into the assigned dressing room.

Spectators and Drop Off's

- At this time, indoor gatherings and spectating is restricted.
- For one-on-one training of children or team bookings for children, 1 parent or guardian can accompany the individual child or household to their session. (Example, 3 children of the same household are booked for an ice slot with, 1 adult or guardian can attend and must stay physically distanced from all other participants). Our spectating areas are open for this type of spectating.

Contact Tracing:

- To support public health contact tracing efforts, representatives for each organization/arena rental must collect the names and contact information of all attendees within their cohort/mini league.
 - The RRC reserves the right to verify participants against the cohort list at any time.

**For all arena booking inquiries please contact Reservations at:
780.791.0070 ext. 5022 or sportsreservations@rrcwb.ca**

The RRC staff, will be monitoring arena usage to ensure that government guidelines and facility terms and conditions are being followed during the reserved ice rental. These have been put into place for the health and safety of all guests and staff within the facility.

Guidelines and terms and conditions are subject to change.

Updated – February 8, 2021