

Summer 2024

Week 1				
* Afternoon* Skating	Tuesday July 2nd	Wednesday July 3rd	Thursday July 4th	Friday July 5th
12:45 - 1:45	Session 1	Session 1	Session 1	Session 1
1:45 - 2:00 - Flood				
2:00 - 3:00	Session 2	Session 2	Session 2	Session 2
3:00 - 3:15 - Flood				
3:15 - 4:15	Session 3	Session 3	Session 3	

Week 2					
* Evening* Skating	Tuesday July 9th	Wednesday July 10th	Thursday July 11th	Friday July 12th	Saturday July 13th
6:00 - 7:00	Session 1	Session 1	Session 1	Star 5-Gold Technical Training Day 6:00 - 9:15	Star 5-Gold Technical Training Day 8:30 - 12:00
7:00 - 8:00	Session 2	Session 2	Session 2		
8:00 - 8:15 - Flood					
8:15 - 9:15	Session 3	Session 3	Session 3		

Week 3				
* Morning* Skating	Tuesday July 16th	Wednesday July 17th	Thursday July 18th	Friday July 19th
8:45 - 9:45	Session 1	Session 1	Session 1	Star 5-PreNovice Open 9:30 - 10:30
9:45 - 10:00 - Flood				
10:00 - 11:00	Session 2	Session 2	Session 2	Star 1-4 Open 10:45 - 11:45
11:00 - 11:15 - Flood				
11:15 - 12:15	Session 3	Session 3	Session 3	12:00 - 2:00 Simulations Wild Rose Competitors
12:15 - 12:30 - Flood				
12:30 - 1:30	Session 4	Session 4	Session 4	

Week 4				
* Morning* Skating	Tuesday July 23rd	Wednesday July 24th	Thursday July 25th	Friday July 26th
8:45 - 9:45	Session 1	Session 1	Session 1	Star 5-PreNovice Open 9:30 - 10:30 Star 1-4 Open 10:45 - 11:45
9:45 - 10:00 - Flood				
10:00 - 11:00	Session 2	Session 2	Session 2	
11:00 - 11:15 - Flood				
11:15 - 12:15	Session 3	Session 3	Session 3	
12:15 - 12:30 - Flood				
12:30 - 1:30	Session 4	Session 4	Session 4	

Week 5			
* Afternoon* Skating	Monday July 29th	Tuesday July 30th	Wednesday July 31st
1:45 - 2:45	Session 1	Session 1	Session 1
2:45 - 3:00 - Flood			
3:00 - 4:00	Session 2	Session 2	Session 2
4:00 - 4:45	Session 3 (45 min)	Session 3 (45 min)	Session 3 (45 min)

Session 1: Yellow - Open to Turquoise, Orange, and Burgundy Skaters
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Session 2: Green - Open to Turquoise, Orange, and Burgundy Skaters
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Session 3: Blue - Open to Purple, Grey, and Future Stars Skaters (With Coach Approval)
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Session 4 - White - Weeks 3 and 4 Only - Open to Purple, Grey, and Future Stars Skaters (With Coach Approval)