



STAR 1-3

# STARS OF THE NORTH

INTERCLUB COMPETITION

*& Showcase*

**March 2, 2024**

*CRRL Arena 2 Suncoast Community  
Leisure Center*

Sanction #3223

## STAR 1-3 STARS OF THE NORTH COMPETITION 2024

**Competition Name:** STAR 1-3 STARS OF THE NORTH COMPETITION 2024

**Competition Dates:** March 2, 2024

**Host Club:** Noralta Skating Club

### Competition/Registration Chair

NAME Kevin Rodgers  
NoraltaCompChair@outlook.com

### Arena Details

Name: Suncor Community Leisure Centre  
Address: 1 C.A. Knight Way Fort McMurray, AB  
Arena: Canadian Natural Arena 2 (Ice Surface 185' x 85')

**Registration Times:** Registration begins 1 hour before the 1<sup>st</sup> category of each day.

**On-site Registration:** Skaters should register 1 hour prior to the start of their scheduled category.

**CATEGORIES:** The following categories are offered:

### **STARSkate Freeskate Categories:**

#### ***Star 1 Elements***

Must not have passed any part of the STAR 6 freeskate assessment

Elements assessed to standard

Skaters *may* be grouped by age; no age restrictions.

*Eight* elements:

- Circle Stroking Exercise: Stroking (Crosscuts) in same direction on a circle (one round forward, one round backward); *draw for direction*
- Waltz Jump
- Single Salchow
- Single Toe Loop
- Forward Upright Spin
- Backward Upright Spin
- Forward Spiral circles: Two Spirals, one on each foot executed on a circle in the same direction; *skater chooses direction*
- Creative Expression routine (30 seconds – music provided by the Host Club, selection randomly chosen at competition – each flight to have a different music selection). This is assessed as “completed” or “incomplete” only

### **Star 2 Freeskate**

Must not have passed any part of the STAR 6 freeskate assessment

A program to music a maximum of two minutes 10 seconds in length

Individual elements plus Presentation and Skating Skills assessed to standard

Skaters may be grouped by age; no age restrictions

*Nine* elements:

- Single Salchow
- Single Toe Loop
- Waltz Jump + single Toe Loop combination
- Single Loop Jump
- Single Flip or single Lutz
- Backward Upright Spin
- Forward Entry Sit Spin or Camel Spin with no change of foot; no flying entry; no variations of positions; forward Upright Spin is not permitted.
- Forward Spiral Sequence: a sequence of two forward Spirals; one Spiral on each foot, unsupported position; on either inside or outside Edge
- Forward Turn Sequence: forward outside Three-Turn + backward Crosscut + backward inside S step (i.e. step-forward); executed four times

### **Star 3 Freeskate**

Must not have passed any part of the STAR 6 freeskate assessment

A Free Skating Program to music of two minutes in length (plus or minus 10 seconds)

Individual elements plus Presentation and Skating Skills assessed to standard

Skaters may be grouped by age, no age restrictions

*Eight* elements:

- Five Jump Elements
  - All single jumps permitted including single Axel; no double jumps permitted.
  - Must include at least one Axel-type Jump (waltz or single Axel)
  - Must include at least five different types of single jumps (note: waltz and Axel are considered the same type)
  - Must include a single loop + single loop Jump Combination
  - Maximum of one additional Jump Combination; maximum of two jumps in a combination
  - No Jump Sequences
  - No jump may be included more than twice
  - A repeated jump must be executed as part of a Jump Combination
- Two Spins
  - Backward Upright Spin
  - Combination Spin that has at least one Camel Position and one Sit Position and starts with a forward entry; no flying entry or variations of positions; change of foot optional.
- Forward Spiral Sequence: a sequence of two forward Spirals; one Spiral on each foot, unsupported position; on either inside or outside Edge

## CanSkate Elements Categories:

### SPIN, SPIRAL, JUMP

- 1 Foot Spin *with* spiraling edge
- Crosscut Exercise (STAR 1 definition)
- Waltz Jump (standstill)
- Circle Spirals (STAR 1 definition)
- Drag (skater's choice of foot)
- Creative Expression routine (30 seconds – music provided by the Host Club, selection randomly chosen at competition – each flight to have a different music selection). This is assessed as “completed” or “incomplete” only

### STAGE 4 & 5 Elements

- 2 Foot Jump FWD to BWD, BWD to FWD
- BWD Basic Push (width of arena)
- 1 Foot outside edge glide on a curve (CW & CCW)
- 2 Foot Spin (optional entry)
- Rotating Power Jump
- Creative Expression routine (30 seconds – music provided by the Host Club, selection randomly chosen at competition – each flight to have a different music selection). This is assessed as “completed” or “incomplete” only

**ALL STAR 2 & 3 FREESKATE PROGRAM CATEGORIES MUST FOLLOW THE SKATE CANADA 2023-2024 WELL BALANCED PROGRAM CRITERIA AS POSTED ON THE SKATE CANADA INFO CENTRE AT [www.info.skatecanada.ca](http://www.info.skatecanada.ca). Star: 2023-2024 STAR Competition Program Requirements**

## REGISTRATION FEES & ENTRY ELIGIBILITY

Events Offered	Fees
Star 1 Elements	\$60
Star 2 Freeskate	\$60
Star 3 Freeskate	\$60
Spin, Spiral, Jump	\$60
Stage 4 & 5 Elements	\$60

## HOW TO REGISTER

- Register online via [www.noraltaskatingclub.ca](http://www.noraltaskatingclub.ca) by clicking the *Register Here* button.
- Choose STARS OF THE NORTH Competition
- Choose category (please confirm correct category with your coach PRIOR to registering for the event).
- All events must be paid for in full at the time of registration.

## REGISTRATION DEADLINE DATES

### **Register by February 16, 2024, for skaters meeting the following criteria:**

- Skaters who are currently registered in Noralta Skating Club programming (Future Stars and color groups (Grey, Purple, Turquoise, Orange))

***\*This competition is not open to Club members outside of Noralta Skating Club at this time.***

### **CLOSING DATE OF ENTRIES:**

All entries must be received no later than **February 16, 2024, at 12:00pm (noon) MT**. *It is the responsibility of the competitor to ensure that their entry is submitted by the closing date.*

### **LATE REGISTRATION ENTRIES:**

Late entries may be accepted at the discretion of the Competition Chair and if space permits in the event. Entries accepted after the registration deadline date will be charged a late entry fee of \$25 per entry.

### **REGISTRATION CHANGE:**

After the registration deadline date, changes to entries may only be made by the Competition Chair. Confirm which event to register in with your coach before submitting your registration. For any changes that are required to be made to a skater's registration, there will be a \$25 change fee applied.

### **WAITLIST:**

Registration will close once the capacity for the event schedule has been reached and this may happen before the registration deadline date. In the event that registration is filled, skaters will be able to add their names to the waitlist. If a spot becomes available, skaters will have 24 hours to register.

### **REFUND OF ENTRY FEES:**

Entry fees shall be refunded only at the discretion of the Competition Chair. *There will be a \$10.00 administration fee applied to all withdrawal refunds.* After the closing date of entries there will be no refunds given for any reason, including medical pulls. No exceptions.

## **MUSIC REGISTRATION**

- All music will be played off the Club iPad. This includes warm up music, freeskates and creative expression music.
- The skater's current Freeskate program in STAR 2 and STAR 3
- *Each skater will be required to carry a copy of their music on USB and have it available at rink side as backup (laptop will be available. Coach cell phone backups will also be accepted.*

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## **ADDITIONAL INFORMATION**

### **EVENT SCHEDULE:**

A schedule and flight lists will be emailed to participants after the registration deadline. It is anticipated to be released after February 26, 2024.

### **MARKING SYSTEM:**

STAR 1-3 events will be judged as per the Star Event Management Guide.

### **AWARDS:**

The awards ceremony for each flight will be held approximately 15 minutes after the conclusion of each event in the awards area. All skaters are asked to wear their skating attire and skates with skate guards.

### **SPECTATORS/PARENTS:**

Spectators are permitted. In the event of any restrictions being implemented by the facility, those would be adhered to.

### **ACCIDENTS:**

The Association and Committee of the Host Club take no responsibility for damages or injuries suffered by the skater. As a condition of and in consideration of their entries in this event, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by, or connected with the conduct and management of the competitions. An agreement must also be deemed to release any and all claims they may have against the officials, the Association, the Host Club, and their officers. Entries shall be accepted only in accordance with these conditions.

### **PICTURES & VIDEOS:**

Persons wishing to take photographs of on-ice performances are reminded that use of flash cameras is not permitted. The use of video cameras must be restricted to areas that do not hamper the skaters or officials. Please ensure you check the box on your registration giving permission to have your skater photographed by the professional photographer at the event. Professional photographers pictures will be made available on their website via a gallery for parents to purchase after the competition.

**NOTE:** You may only take pictures or videos of your own skater.