

## Winter 2025-2026

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
		3:00 - 3:45 <i>Afternoon Session</i>				3:00 - 3:45 <i>Afternoon Session</i>		2:45 - 3:45 <i>No School</i>		10:00 - 11:00 <i>Pre CanSkate</i>	
		3:45 - 4:00 <i>Flood</i>				3:45 - 4:00 <i>Flood</i>		3:45 - 4:00 <i>Flood</i>			
		4:00 - 5:00 <i>Star 1-2</i> U 11				4:00 - 5:00 <i>Star 3-4</i>		4:00 - 5:00 <i>Star 1-2</i> U 11		4:00 - 5:00 <i>Star 3-4</i>	
5:00 - 5:45 <i>Open Session</i> Star 1-4		5:00 - 5:45 <i>Star 5 - Gold</i> 4 Sessions		5:00 - 5:45 <i>Star 3-4</i>		5:00 - 5:45 <i>Star 1-2</i> 11 and Over		5:00 - 5:45 <i>Star 1-2</i> U 11		11:15 - 12:15 <i>Supervised Practice?</i> <i>Ice Show?</i> <i>Open?</i> <i>Stroking/Edge?</i>	
5:45 - 6:00 <i>Flood</i>		5:45 - 6:00 <i>Flood</i>		5:45 - 6:00 <i>Flood</i>		5:45 - 6:00 <i>Flood</i>		5:45 - 6:00 <i>Flood</i>		12:15 - 12:30 <i>Flood</i>	
6:00 - 7:00 <i>Star 5-Gold</i> 6 Sessions		6:00 - 6:15 <i>Prep Time</i>		6:00 - 6:15 <i>Prep Time</i>		6:00 - 6:15 <i>Prep Time</i>		6:00 - 7:00 <i>Star 5-Gold</i> 6 Sessions			
7:00 - 7:30 <i>Flood &amp; Prep Time</i>		6:15 - 7:15 <i>CanSkate</i> <i>Pre CanSkate</i>		6:15 - 7:15 <i>CanSkate</i> <i>Pre CanSkate</i>		6:15 - 7:15 <i>CanSkate</i> <i>Pre CanSkate</i>		7:00 - 7:15 <i>Flood</i>			
		7:15 - 7:30 <i>Flood</i>		7:15 - 7:30 <i>Flood</i>		7:15 - 7:30 <i>Flood</i>		7:15 - 8:15 <i>Star 3-4</i>			
7:30 - 8:15 <i>Open Session</i> Star 5-Gold		7:30 - 8:15 <i>Star 5-Gold</i> 6 Sessions		7:30 - 8:15 <i>Star 5 - Gold</i> 4 Sessions		7:30 - 8:15 <i>Star 5-Gold</i> 6 Sessions					
8:15 - 9:15 <i>Star 5 - Gold</i> 4 Sessions		8:15 - 9:15 <i>Star 1-2</i> 11 and Over		8:15 - 9:15 <i>Star 5-Gold</i> 6 Sessions		8:15 - 9:15 <i>Star 5 - Gold</i> 4 Sessions		8:15 - 9:15 <i>Star 1-2</i> 11 and Over			